

# 7 PRINCIPLES OF WHOLE-PERSON CENTRED SEXUALITY EDUCATION



Recognise that valuing self and valuing others are essential pillars to building satisfying and equitable relationships.

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Equip young people with accurate information to make proactive and healthy choices that enhance their physical, emotional, mental, spiritual, sexual & relational wellbeing.

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Promote empathy and relational boundaries to enable young people to communicate respectfully across personal, cultural and social differences.

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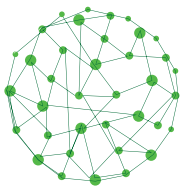
Prioritise the prevention of sexual harms by building social and emotional intelligences.

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Position pornography within an exploitative framework. Critical Porn Analysis allows young people to explore the mechanisms driving the porn industry and its impacts on self, others, relationships and culture.

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Situate sexuality within a much larger complex model of personal identity, influenced by internal and external forces. Sexuality interacts with the other areas of personal identity such as self-esteem, self-confidence and self-expression.

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Create awareness that sexual integrity is valuing, developing and expressing sexuality in ways that are non-exploitive, mutually-wanted, unifying and life enhancing. Sexual integrity is foundational to meaningful and authentic connection.



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